UCSF JOURNAL

UCSF Employees in Theater

Adilah Barnes' First Title Role

"My momma always told me I'd make it. She always told me I had what it takes and could make it no matter what. And I've always believed momma. But this situation I'm in now has almost got the best of me. And all I ever wanted to do was get away from this place and see some of life and travel. But now I'm locked up here in jail. . . . I sure hope you're with me, Lord."

So speaks UCSF Assistant Volunteer Coordinator Adilah Barnes in the title role of playwright Ed Bullins' *JoAnne!*, which opened last month at the Julian Theatre. She portrays JoAnne Little, the young black woman from North Carolina, who, several years ago, was accused and acquitted of murdering Clarence Alligood, the white jail guard who she said tried to force her to perform sexual acts. Little was serving a 10-year sentence for receiving stolen goods. Her case became a cause celebre for women's rights, prisoners and black groups, because she symbolized the oppressed and subjected everywhere who, in one of history's brilliant yet violent moments, had declared, "Enough!"

This is a special play for Ms. Barnes, who was graduated with a degree in Black Drama from UC-Santa Cruz in 1970. It is her first title role in a major production. New York playwright Bullins, a prolific artist who has written novels, plays for television, poetry, musical libretti and songs, was commissioned to write *JoAnne!* He traveled to North Carolina, witnessed the trial, and spent time with Little before writing his play. The finished product is a satirical, surreal piece, in which a pun is made of Alligood's name — All Good — and he is an unholy trinity of judge, defendant and accuser.

Ms. Barnes said she feels fortunate to have recognized at an early age her talent in acting. It happened when she was 16 and in the Upward Bound program at California State University, Chico. She played the queen in *The Ugly Duckling*.

"I felt so comfortable being on stage. I knew it was right for me," she said. She added that she thinks each person has a creative expression that too often lies dormant awaiting discovery.

"Finding and expressing our creative gifts is one of the most exciting, challenging and rewarding things in life. The key to actualizing yourself is a hunger," says Ms. Barnes.

This awareness of the special abilities that can be found in everyone enhances Ms. Barnes' role as assistant coordinator of volunteers. On the job, she is responsible for recruiting, interviewing and assigning volunteers. She conducts orientation and training sessions, assists in establishing new programs and handles the operational aspects of the office.

When she is not working, she is often en route to a rehearsal. She is not currently a member of a theater company, preferring to free-lance. But she has been in the American Conservatory Theatre's Black Actors' Workshop. She's taught children at the East Bay Center for Performing Arts in Richmond and in their outreach program in three elementary schools in the Berkeley Unified School District.

Ms. Barnes admires actors Cicely Tyson "for her strong sense of integrity," James Earl Jones, Katherine

(Continued on page 12)

Steve Rudser Performing Arts Interpreter

The bell rang and ticket holders poured out of the bar and lounge areas, squeezing past the fast-moving line at the water fountain and into the double doors of the American Conservatory Theatre, to be seated in time for the first act of Lillian Hellman's *Little Foxes*.

At the very front of the theater, on the left side of the orchestra section, patrons in the first 10 rows or so seemed to be well acquainted with one another. Many of them laughed, smiled and vividly gestured to friends in nearby seats. The air of expectancy was there, as it always is on opening night, but in this section the expectancy seemed greater, livelier. Then the play was announced, and a boyish-looking young man in an open-necked black shirt stepped onto a riser just slightly below the stage and in front of the animated group. He took an artful bow as the announcer proclaimed in a sonorous tone: "The American Conservatory Theatre is proud to present our resident performing arts sign-language interpreter, Mr. Steven Fritsch Rudser."

Steve Fritsch Rudser interpreting Hellman's Little Foxes *at ACT.*

Steven Fritsch Rudser. As the play progressed, he didn't miss the frustrated gesture of the defeated and embittered Birdie or the forever onward stances of the ruthlessly ambitious Regina in Hellman's classic autobiographical portrayal of her family's quest for wealth, power and influence.

With a degree in acting from the western campus of Antioch University and a certificate from the National Theater of the Deaf, Rudser is one of 10 people in the United States who is certified as a performing arts interpreter of American Sign Language. His rarity has brought him into contact with such well-known people as journalist Shana Alexander, Senator Eugene McCarthy and folk singer Joan Baez. It has also given him an opportunity to travel to other states where performing arts interpreting is needed. In May he went to Alaska to interpret for Alaska Repertory Theater.

In his office at UCSF's Center on Deafness, where he teaches American Sign Language to the staff, Rudser explained how he got started.

"I had met some deaf people while working in Seattle. I started taking sign language classes at Seattle Community College. I already had an interest in acting, but I was not thinking about combining sign language with acting." Then Rudser attended a performance of the National Theater of the Deaf. This experience encouraged him to consider interpreting. He was one of 15 people invited to a workshop on performing arts two years ago through the National Theater of the Deaf by the National Endowment for the Arts. Of the 15, 10 received their certificates.

To see Rudser interpret is to know that he is very much an actor.

"I prepare myself for each play by learning the entire script," he says. "I ask the director to provide me with a tape of the play, and, though I don't commit it to memory, I am familiar enough with it so that I know what is coming next. Usually an interpreter is behind the speaker, because he doesn't know what is going to be said next. I have the advantage of doing almost simultaneous interpreting."

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Parents 'Room In' With Children

Parents were once seen as more of a hindrance than a help on pediatric floors. Visiting hours were kept to a minimum, because it was believed that a parent's presence only upset a sick child. After all, didn't bedlam break out every evening when it was time for Mom and Dad to say goodbye?

That was the past. Today Moffitt Hospital's Care-Through-Parent Program encourages parents to "room in" with their young children. Mothers and fathers not only provide emotional reassurance for their youngsters, but may bathe them, feed them, change their dressings and give medications.

"By the time some patients are ready for discharge, their parents are doing almost total care," says Inez Weiging, RN, head nurse in 6 East Pediatrics.

Twenty years ago parent-inclusive pediatric units, as they are called, existed in only a few hospitals across the country. The concept gained popularity as health care professionals came to realize how important parenting is to a child's development and recovery, and how traumatic separation from the family can be.

Moffitt Hospital established its Care-Through-Parent Program in 1970, becoming one of the first Bay Area hospitals to encourage parents to spend the night near their children. Over the years the program has developed a philosophy that lends support to parents who want to become as involved as possible in their child's care.

Today the Care-Through-Parent Program is one of many UCSF programs emphasizing the role of the family in child health.

Carol Hardgrove, clinical professor, Department of Family Health Care Nursing, UCSF School of Nursing, helped pioneer the Care-Through-Parent Program at Moffitt. She and Mary Tesler, RN, associate clinical professor, Department of Nursing in Biological Dysfunction, planned the program with nurses, social workers and doctors, including Melvin M. Grumbach, MD, chairman of the Department of Pediatrics.

Says Grumbach: "The support that parents provide the hospitalized children is very essential. They minimize separation anxiety and facilitate communication between nurses, house staff and physicians."

Ms. Hardgrove, who has written extensively on the role of the family in child health care, explains that a young child who hasn't learned to talk behaves differently when separated from his parents. The child may not express some concerns or communicate in any noticeable way regarding symptoms, including pain, unless the parent or a substitute figure is present.

She says research has shown that when parents are allowed to stay with their children, hospitalizations are often shorter, children have fewer physical complications, the transition from hospital to home is smoother and family ties not only are maintained, but often strengthened.

Carol Hardgrove, clinical professor, Department of Family Health Care Nursing.

Parent participation in care is especially important for young children (birth to six years), but even adolescents need family support.

Ms. Weiging estimates that at Moffitt "99 percent" of parents participate to some extent in their children's care.

While parents are encouraged to get involved, they do only that with which they are most comfortable. "Some families are put off by the idea at first," says Ms. Weiging. "We try to explain that we're not trying to burden them with doing our job, but that it's best for the child and the family."

"A lot of what I do," says Debbie Healy, RN, and head nurse on 6 North/South, "is teach patients and their parents how to handle home care. One of my patients, for example, will need gastrostomy feedings and several medications. I'm seeing to it that the parents learn how to give the feedings and the medications — I do some of the teaching myself, and contract parts of it to the other nurses. . . .

"Our philosophy," says Ms. Healy, "is to include parents as much as possible in the care of their kids. . . . We find out what the children eat at home, and what they do, and try to maintain those patterns in the hospital."

During the child's waking hours, nurses provide individual instruction, teaching parents to perform many nursing tasks from simple temperature-taking and dressing changes to physical therapy for postoperative patients.

At night the playroom on Pediatrics is transformed into an improvised dormitory. Up to 17 parents can stretch out on Japanese futon beds to catch a few winks while their children sleep. Moms aren't the only ones who can stay over; many nights a father or two is curled up on a mat. Nurses awaken parents if their children need them.

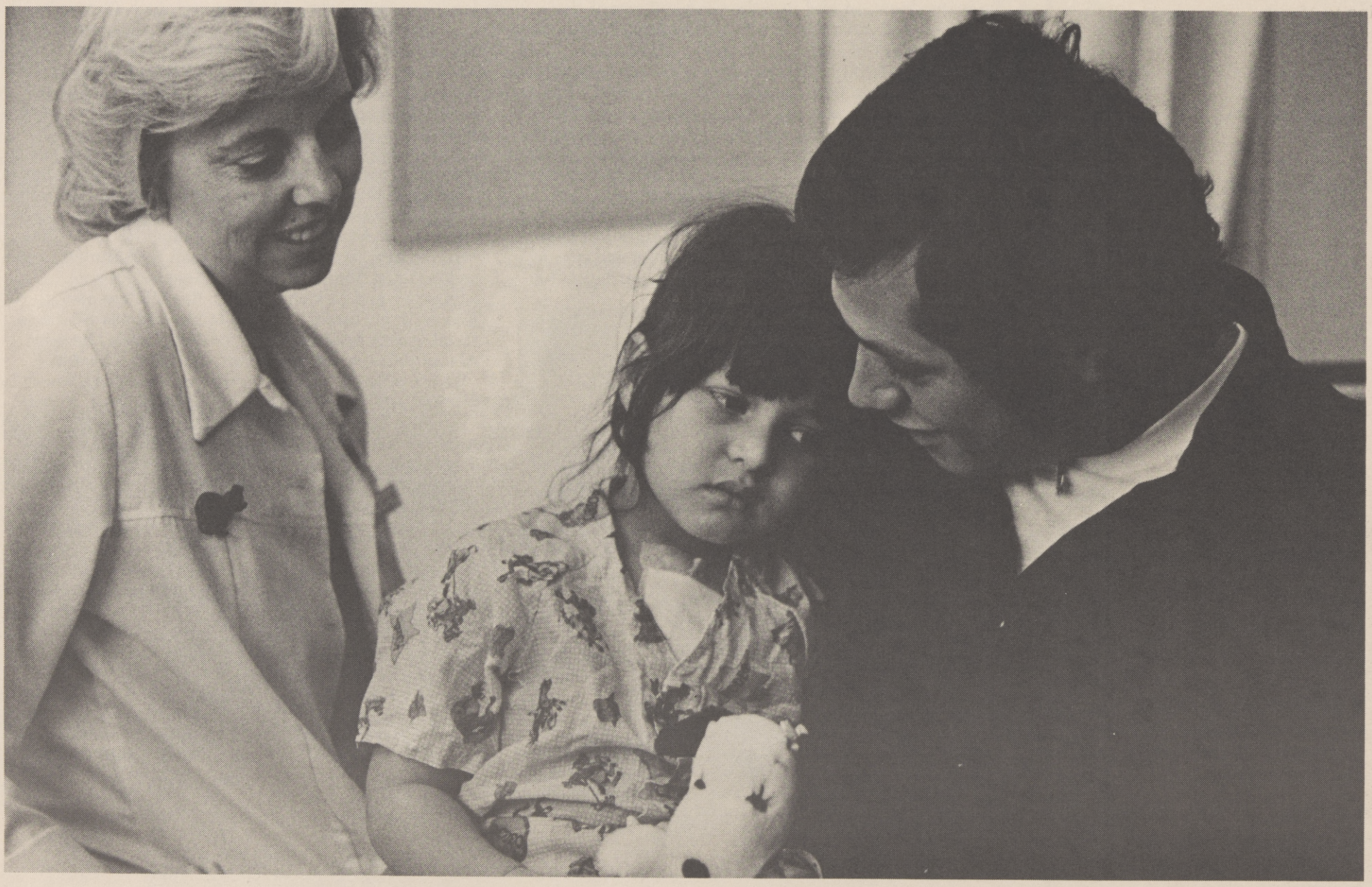
Since sleeping space is limited, an informal "bed meeting" is called every day at 4 pm to decide who will stay the night. Priority is given to parents of children who are critically ill; who are about to have, or who have just returned from, surgery; infants being breast-fed; or young children spending their first few nights in the hospital.

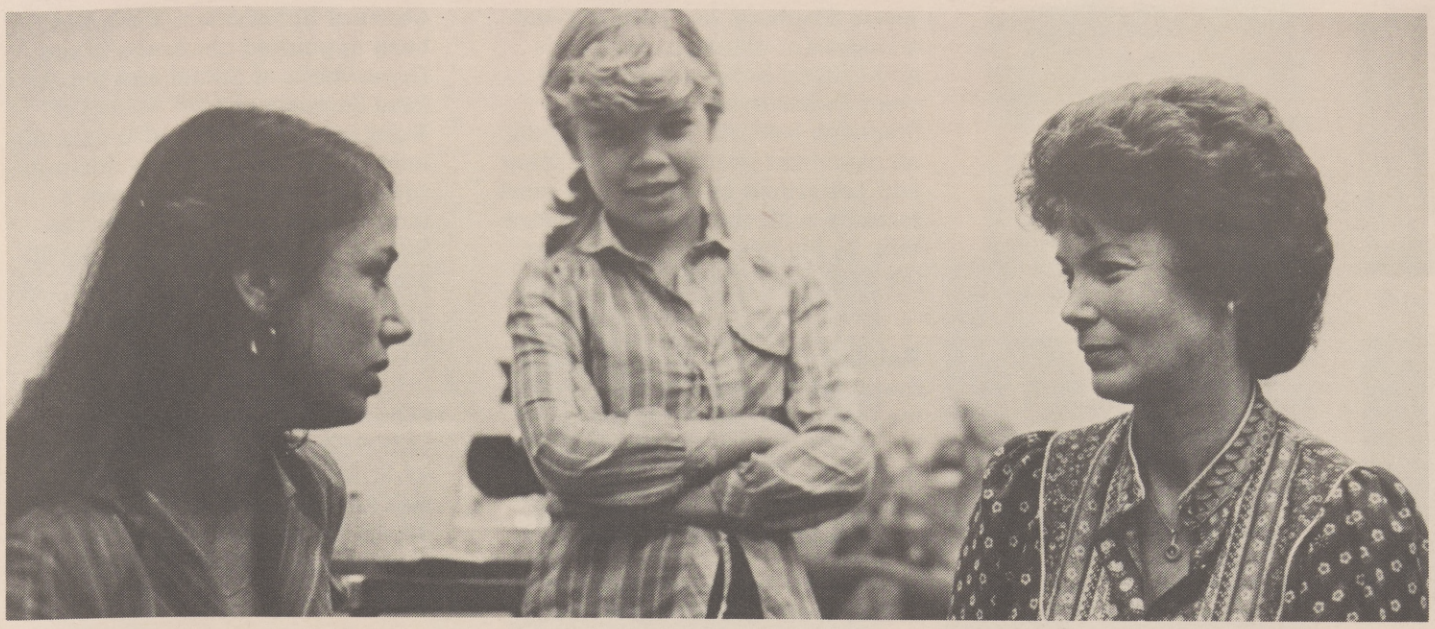
A committee currently is working with architects to plan accommodations for parents in the new Long Hospital for cooking, bathing, laundry, sleeping and meeting space.

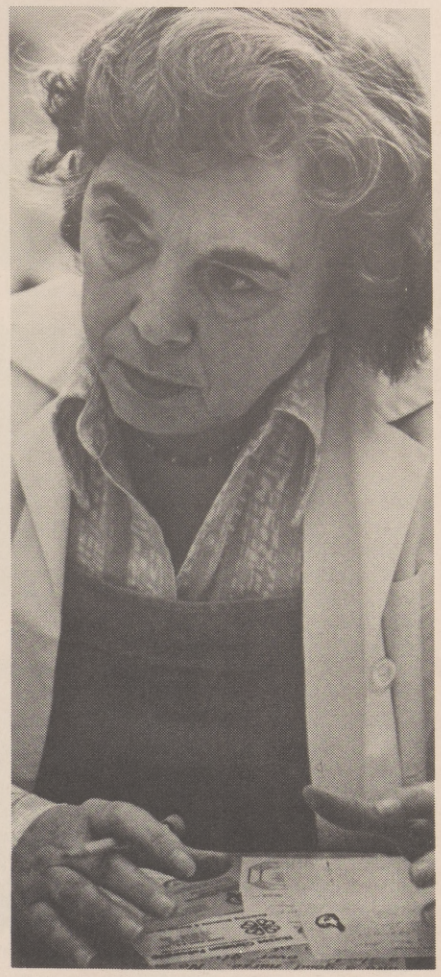
Linda Uhl, mother of two-year-old neurosurgery patient Sarah Martinez, is a telephone operator, but she talks about her daughter's medical problems with the authority of a health professional. She does "just about anything" Sarah needs most of the time. "It depends on how I'm handling it mentally. On bad days, I back off," says Ms. Uhl.

"But, most of all," says Mary Tesler, "Linda is

Inez Weiging lends support to father in the care of his child.







Mary Tesler, RN, associate clinical professor, Department of Nursing in Biological Dysfunction.

Above left, Clinical Social Worker Sheila Heran (l) talks to patient Diane and her mother Fran Barberini.

Sarah's mother and does the things that mothers always do for their children even when they are not sick in the hospital. Sarah is not deprived of the love and support two-year-olds need from their mothers — hospitalized or not."

Ms. Uhl explains that the knowledge she's gained caring for Sarah in the hospital makes the idea of caring for her at home less frightening.

Parents learn from one another as well as from staff. Those who might hesitate to get involved in care by themselves find courage in the group.

"We hold each other up when someone's having trouble," says Ms. Uhl. "We all pull together."

Contact with other parents also helps mothers and fathers put their own situation in perspective.

"You don't have to feel so much like a victim when you see other people worse off than you," says Ms. Hardgrove. "Helping other parents restores some of your sense of wholeness. You need that when your child is sick."

The feeling of community is solidified in Thursday morning parent meetings coordinated by Clinical Social Worker Dorothy Powell and Debbie Healy. Ms. Powell gives parents a run-down of local restaurants and other resources near the hospital. Practical information of this type is being translated for Spanish-, Chinese-, and French-speaking parents. After they're given this information, the meeting is opened for discussion about whatever bothers them, according to Ms. Powell, who is especially concerned with the emotional needs of parents and children.

A spin-off of the Care-Through-Parent Program is an informational oral support group made up of parents of former patients who are available to talk to others on an as-needed basis.

Brothers and sisters are a vital part of the family, according to Ms. Powell, and Moffitt's program recognizes their role. Visits from siblings of all ages are welcomed at special times set aside on Wednesdays and Saturdays. The siblings are screened first for contagious diseases.

Family involvement doesn't end when a child is discharged from the hospital. It is just as important for children who receive care on an outpatient basis.

Pretty 16-year-old Diane Barberini needs dialysis to do the work her kidneys cannot do. Diane has been in and out of UCSF hospitals since her kidney failure was diagnosed when she was two years old. Today, with the support of her family and guidance from the staff of the UCSF Children's Renal Center, Diane is able to care for herself at home through Continuous Ambulatory Peritoneal Dialysis (CAPD).

Diane takes responsibility for dialyzing herself four times a day by feeding a solution through a tube in her abdomen, and for maintaining the sterile conditions necessary to prevent infection. That includes wearing gloves and a mask during dialysis and carefully cleansing the abdominal area around the X tube.

Diane has full support from the home front. Her mother helps out when Diane does not feel well enough to dialyze herself. Her father, a carpenter, pitched in when Diane began at-home dialysis by adding an extra room onto the house for her treatments.

The ability to take care of herself has been a boon for Diane. Says mother Fran, "At her age it would be very difficult to be dependent on other people."

Sheila Heran, the medical social worker assigned to the Children's Renal Center, helps assess a family's ability to do CAPD successfully, then offers guidance and support as needed.

"Family relationships, environmental factors and attitude are all important in making it work," says Ms. Heran.

Nursing staff teach patients and families the techniques because they need to know how to do home health care.

Because treating young patients in a family context demands special skills, the UCSF School of Nursing in 1972 established a special graduate program in Acute Care Parent-Child Nursing. The program is sponsored jointly by the departments of Nursing in Biological Dysfunction and Family Health Care Nursing.

Students learn how illness can affect a child's growing body and how to provide care that helps recovery. At the same time, emphasis is placed on gaining a knowledge of growth and development of both the child and the family, their responses to illness and how the nurse can help them cope with the illness and grow from the experience.

Instrumental in starting the program were Ms. Hardgrove and Ms. Tesler. Ms. Tesler remembers that, although the idea of maternal-child nursing had been accepted for some time, UCSF was among the first to identify its course of study as a parent-child program.

Ms. Tesler has "a very strong sense of pride" in the accomplishments of more than 50 graduates of the program, many of whom work at Moffitt. "Wherever the graduates have gone, they have made a positive impact on the care children and families receive in hospitals and other health care settings," she said.

Five of the 13 currently enrolled students are doing research projects to meet the degree requirements, adding to the body of knowledge about parent-child nursing.

It seems that hospitals have done a turnabout in their attitude toward parent participation in health care.

"Originally hospitals were only for people who didn't have relatives to care for them," says Ms. Hardgrove. "Maybe that's where the traditional lack of family involvement came from."

Today health professionals have learned to see the family, not just the sick child, as the "patient."

Leslie Lingaas

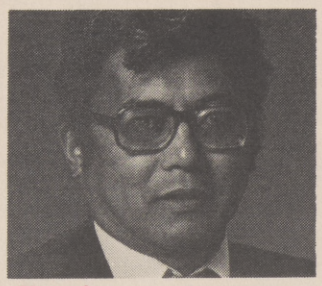
Below left, Clinical Social Worker Dorothy Powell (l) discusses patient's care with mother (center) and Head Nurse Inez Weiging, RN, 6 East Moffitt.

Debbie Healy, RN, clinical nurse specialist, 6 North/South Moffitt, teaching a mother how to care for her baby.

MOVING

Stephens

Howell


Yngojo

Hirsch

Day

Schatzman

Carter

Hilary

Janvrin

Aly

Jessie Stephens has been appointed assistant manager, Hospitals and Clinics Environmental Services Department. Formerly, Stephens worked in housekeeping management positions at Mt. Zion and Letterman Hospitals and most recently with the Shaklee Corporation. In his new job, he manages the day supervisory staff.

Ralph Yngojo, formerly head of the Fiscal Program at Langley Porter Psychiatric Institute, is now budget analyst in the Operating Budget Coordination Unit of the Chancellor's Office.

Karen Day has been appointed associate director of Nursing Service. She has responsibility for Nursing Service operations, including office management, recruiting and financial matters. Day received her master's degree from the UCSF School of Nursing in 1979. She has served as staff nurse, nursing supervisor and director of nursing at various hospitals in the midwest and in San Francisco.

Several nurses have been promoted or have changed their areas of responsibility within the hospital. They are **Pat Wong,** 5B orthopaedic surgery; **Betsy Lands,** 10S cardiac; **Eleanor Louie,** 4B ENT/medicine; and **Chris Carter,** 4A medicine/oncology. All of these nurses received permanent administrative nurse III appointments. **Susan Janvrin** and **Lori Howell** from 6 East were both promoted to permanent clinical nurse III positions. **Jane Hirsch** has been appointed assistant director of nursing for 4B, 7 CVS, 14 NE, ICU and 7 NS.

Leonard Schatzman, PhD, has been appointed chairman of the Department of Social and Behavioral Sciences, UCSF School of Nursing. Schatzman, also co-chairman of the department's doctoral sociology program, has been a faculty member at UCSF in the School of Nursing for the past 20 years. He teaches the sociology of psychiatry and field research methodology.

Susan Hilary, who was in the UCSF clerical pool, is now administrative assistant I in the Volunteer Services office. She handles day-to-day office operations, including preparation for volunteers' orientation.

Carol Moeglein, personnel assistant, works with Nurse Recruiter Linda Purvis. Because Purvis is quite often in the field, Moeglein handles office operations, conducts interviews and gives orientation to new nurses. Prior to assuming her new position, Moeglein was administrative assistant in Nursing Education and Research, a division of the Nursing Services Department.

Naheed Aly's title has changed from publications officer to director of publications, UCSF News Services and Public Information. Aly's department, comprising editors and graphic artists, designs and publishes material for all campus departments and schools — catalogues, the campus telephone directory, campus periodicals and brochures and posters for special events and programs.

and some have gone . . .

Richard B. Hayes, assistant chancellor, Public Programs, will return to his alma mater, the University of North Carolina at Chapel Hill, July 1, to assume the position of associate vice chancellor for Public Relations and director of Developmental Affairs. Hayes came to UCSF in 1978 from Duke University, where he was director of Medical Center Development. During his three years at UCSF, he was responsible for external relations in development, gifts and endowments, contracts and grants and public service programs.

Hayes came to UCSF with a distinguished record in the field of medical institutional development. He earned the Fellow Award from the National Association for Hospital Development in 1977 and received NAHD's highest (silver) Award for Capital Giving in 1974. He has served as a member of the board of directors of NAHD and as chairman of its membership and national accreditation committees.

Dozens of well-wishers from many areas of the campus crowded into the main floor offices at 1361 Third Avenue several weeks ago to say goodbye to **Anita Pool.** Many expressed the sentiment that it was not easy to bid farewell to someone who, in only seven years at UCSF, had earned the reputation of being one of the most helpful co-workers ever to be encountered.

Pool, who left UCSF to be married, now lives four blocks from the beach in Santa Cruz and directs a health clinic in Watsonville for migrant Spanish-speaking families. She came to UCSF in 1974, worked first and for three months as an AAI in the Office of the Registrar, then was business manager in the Laundry for two years. She worked for three months in Hospital Administration before spending a year in the Chancellor's Office. At the time of her resignation, she had worked for three years as assistant to Vice Chancellor for Personnel and Student Services George Evanoff.

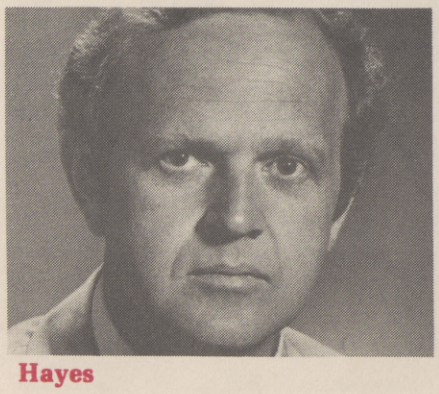
Some of her most memorable accomplishments were the improvement of staff access to the Employee Health Service, administration of the Child Care/Study Center and development with others of *Intercom,* a publication for managers and supervisors which is circulated throughout the nine-campus UC system.

In addition, Pool served for three years as chairperson of the *UCSF Journal* Editorial Advisory Board, and she was a member of the UCSF Golf Tournament Committee.

Claire Leeds Wray has retired from UCSF News and Public Information Services after being with the department for nine years. A public information representative, she was based in the dean's office at San Francisco General Hospital.

She came to UCSF in 1972 after more than 20 years with the *S.F. Examiner,* where she began as a copygirl and worked her way up to reporter. After leaving the *Examiner,* she free-lanced as a public relations consultant for many organizations, including the mayoral campaign staff of Joseph Alioto. Wray, who is listed in *Who's Who Among American Women,* wrote articles for the UCSF hospitals and clinics newsletter which was replaced by *UCSF News* and the subsequent *UCSF Journal.* She also was founding editor of *SFGH News.*

"Claire provided this department with the qualities of dependability, loyalty and stability," said Special Assistant to the Chancellor Michela Reichman. "These qualities were especially helpful during a time of transition. She was a highly professional woman who got the job done, and who was always more than willing to help someone. We will miss her."


Hayes

Pool

Wray

QUESTION MAN

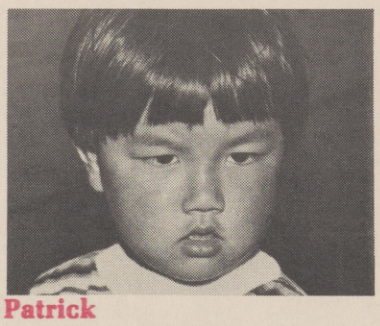
What Does Your Mommy Do During the Day?

Interviews at the UCSF Child Care Study Center by Allen Balderson

Megan Prentice, 4 (mother Linda Prentice, staff research associate, Anatomy): My daddy gets the most big money a lot. Sometimes mommy, too, I don't know. She has a lot of jars, but I don't know what she has in all of them. She works in a real real, tall, tall, tall building. She lets people in there. She wears a white coat because she needs to work.

Megan

Patrick Tansuhaj, 3 (mother Corie Tansuhaj, administrative assistant, Radiology): She bakes cookies. But when she works here she talks on the phone. She works way over there. I was there last night and I saw her friends and I ate crackers there.

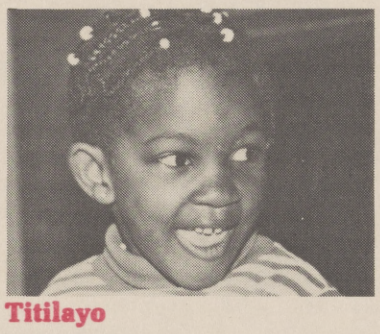


Patrick

Matt Butler, 4 (mother Jane Butler, nurse midwife, Ambulatory Care Center): She goes to work and helps women get babies out because she's a nurse. But right now she's on a vacation. I saw my mommy help a little baby, Isaac, in the hospital be born. She helps sick people too.

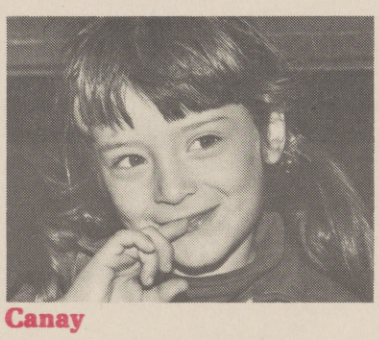
Matt

Titilayo Okuwa, 4 (mother Betty Okuwa, senior clerk, Dermatology Clinic): She answers the telephone. She calls the airplane and seat belt. She talks to daddy.

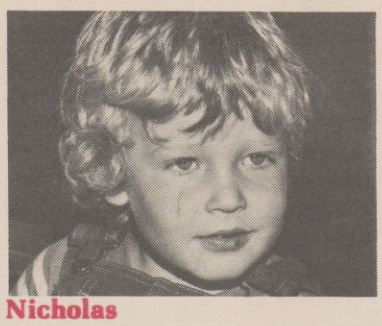


Titilayo

Canay Tulunay, 4½ (mother Ozden Tulunay, visiting professor, Pathology), (translated from Turkish): She's a doctor and she uses the microscope. She works up high. My daddy is a doctor, too. Yes, she's a doctor in Turkey, too.

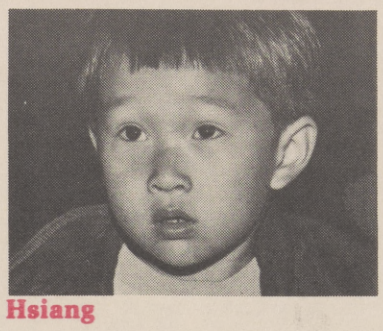


Canay



Nicholas

Nicholas Nestler, 3½ (mother Nancy Evans-Nestler, secretary, Pediatric Gastroenterology): She reads and watches TV. She works in the tall building and she goes tut, tut, tut, tut on the typewriter. She has food on her desk. She works and gets pennies. She talks and says, "Bye," on the phone.



Hsiang

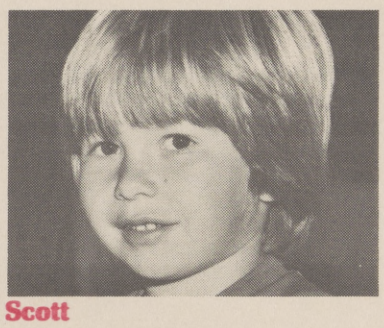
Hsiang Lee Tseng, 4 (mother Geri Tseng, assistant researcher, Biochemistry): She's a doctor. She just works. She has her own big office on eight. My mom has a microscope. She works on blood. She just works, that's all.

Akilah

Akilah Anderson, 5 (mother Betty Anderson, first-year medical student): She reads. She works at school. She watches TV. I don't know what else. She listens to her teacher when she first gets here. She types, too. She's going to be a doctor.

Shahla

Shahla Maghzi, 5 (mother Charleen Maghzi, master's student, School of Nursing): She works near my school. She takes care of babies and my daddy is a foot doctor. I went to her work and drew a picture and read a story and she was talking to friends and the teacher. She goes to school with a backpack.



Scott

Scott Toomasson, 5 (mother Judy Toomasson, administrative assistant, Nuclear Medicine): She makes slides like in the heart and chest and works right across the street in that building and you need an elevator. She works in a small room.

Job Fair: Creative Way To Recruit Minorities

She saw a poster in the Employment Development Department office that publicized something about a job fair. She forgot about it, but later heard on her favorite radio station a public service announcement that brought to mind the poster she had seen. It wasn't until she saw an article in the *Sun Reporter* newspaper, however, that Deborah Morrison, now secretary II in the Office of the Dean of the School of Nursing, decided to attend the annual UCSF Job Fair.

"After seeing and hearing about it three different times, I thought it would hold some potential for finding employment prospects," she said.

She attended the fair, which was held on a Friday. Early the following Monday morning, she received a call and an interview was arranged for that same afternoon. She came to work one week later.

"I liked the counseling aspect of the job fair because this is a big campus and a person might not know how to go about finding the right position. I chose the screening interview, which was conducted by Tim Baldwin, and my application was put into the computer."

David Johnson, job fair coordinator and supervisor of Personnel's affirmative action outreach, explained that the same procedures that are followed when an applicant comes into the Personnel Office were made available to the job fair participants. They could choose, as Ms. Morrison did, to have their names coded in the applicant retrieval system, which provides supervisors with computer printouts containing names and qualifications of applicants by job title. Ms. Morrison, however, benefited from something the job fair offers that is not a part of the normal hiring process: on-the-spot interviews with supervisors.

"The hiring of Ms. Morrison by the School of Nursing is an example of how one campus department utilized the new minority outreach program developed by the Personnel Department," said Johnson. "We consider the job fair a creative way to recruit minorities, some 1,000 of whom attended the fair. It is also a way to meet our affirmative action goals."

Johnson said he hopes there will be more stories like Deborah Morrison's. "After all," he commented, "if we invite minority communities to job fairs with the promise of immediate openings, we have to be ready to deliver."

Deborah Morrison

VIPs Invited to Service Award Ceremonies

This spring approximately 90 UCSF employees received the Chancellor's Award for University Service, which is given annually to staff members who have been at the University for 25 years or who have retired in the past year.

In an attempt to bring attention to UCSF, which she feels is an important thread in the fabric of San Francisco, Martha Zemanek, unit secretary on 3 UC, invited President Ronald Reagan, Governor Edmund Brown, Mayor Diane Feinstein and Senator Milton Marks to attend the award ceremonies.

"I didn't invite them for any personal glory," said the 14-year-long employee, who retired for medical reasons, "but to hear about what people are doing in so many areas here, and how this place has been such a benefit to San Francisco."

Zemanek's association with her invited guests, except Governor Brown, was in some way related to UCSF. She worked for years on UC Hospital's 5B and 3 UC with patients of Dr. Leon Goldman, Dianne Feinstein's father.

"At the time I was interested, as I still am, in the conditions at the San Francisco jail. Dr. Goldman told me to call his daughter, Dianne, who was also interested in jail reform. When I wrote to invite her to the service award ceremonies, I told her that I had always planned to call her, but had never done so."

Feinstein responded with a very warm letter, and, until last-minute changes occurred, she had planned to attend the event.

Martha Zemanek with Senator Milton Marks at University Service Awards reception.

Senator Marks was able to come. He thanked Zemanek, who has worked with him on a number of causes related to San Francisco, for the personal attention she had given to a member of his family during hospitalization at UCSF.

Though President Reagan was shot between the time he received Zemanek's invitation and the date of the event, a White House aide responded. Years ago, Reagan, as California governor, sent to Zemanek the pen that he used to sign a bill providing help for handicapped children. Her interest in this cause was sparked by her relationship with the dyslexia clinic at UCSF, where her daughter was one of the first patients.

Zemanek struggled to find words to express her appreciation for all of her working relationships and experiences at UCSF. The Mayor's words ably assist. She wrote in her letter to Zemanek:

"You and your co-honorees have contributed enormously to the well-deserved and highly regarded reputation of the University of California, San Francisco, as one of the world's most distinguished centers of learning. All San Franciscans deeply appreciate your labor of love for our City, and we wish you every possible success in any future endeavor."

Public Service and Burbridge Awards Presented

The Chancellor's Award for Public Service and the Thomas N. Burbridge Award were presented to three members of the campus community in a ceremony last month. Recipients of the Chancellor's Award were Benjamin Braly, DDS, and Mona Sarfaty, MD. Michael A. LeNoir, MD, received the Burbridge Award.

Speaker for the ceremony was Joanne Lewis, coordinator of the San Francisco office of the Fair Employment Practices Commission and former coordinator of the UCSF Affirmative Action Office. Lewis received the Burbridge Award in 1973.

Braly, vice chair and clinical professor of the Division of General Dentistry, was acknowledged for "contributions to children in the Cabrillo Unified School District in curriculum and instruction planning, and for the establishment of a model dental health screening program that is in use in Bay Area school districts."

Sarfaty, a fellow in the Family Practice Residency Program at San Francisco General Hospital Medical Center, was honored for her "care and devotion to improving health services for those in need."

LeNoir, assistant clinical professor of pediatrics and chief of the Pediatric Allergy Clinic at SFGH, was acknowledged for "tireless activities in health education and numerous contributions to provide social and education opportunities in the black community."

The Chancellor's Award for Public Service is given annually to persons who have performed outstanding service to the community, over and beyond that required by their position in the university. Recipients are given a certificate and $500.

The Thomas N. Burbridge Award for Public Service is given, in memory of the late UCSF associate professor of pharmacology, to persons whose public service reflects the type of commitment to social justice, equal education and employment opportunities that characterized Dr. Burbridge. LeNoir received a certificate and $500, $100 of which was contributed by the UC-San Francisco Black Caucus.

Members of the committee to select Public Service and Burbridge Award recipients were chairman Freeman Bradley, Mark Cave, Jim Louie, Mary Alice Miller, Pablo Montenegro, Eric Owyang, David Sanchez and Idaree Westbrook.

Award recipients were (l-r) Benjamin Braly, DDS, and Mona Sarfaty, MD, Chancellor's Award for Public Service, and Burbridge Award recipient Michael A. LeNoir, MD. Standing with them are guest speaker Joanne Lewis and awards committee chairman Freeman Bradley.

Affirmative Action Day for Disabled

The UCSF Affirmative Action Office recently sponsored a day in honor of International Year of Disabled Persons. A demonstration-exhibit of devices for the hearing impaired was held in the Medical Sciences lobby. Carroll Brodsky, MD, professor of psychiatry, gave a talk in Cole Hall, "The Culture of Disability," and staff from the Center for Independent Living were on hand in the Board of Governors Room to discuss some of the problems disabled persons encounter in the work place.

The special day called attention to the Affirmative Action Office's mandate to make UCSF more accessible to handicapped people. Accessibility means not only modifying the immediate job site and ancillary service areas such as parking, but insuring a place within the employment process for the disabled.

The UCSF 1978 Transition Plan describes modifications required by the federal government to bring the campus into compliance with regulations. Those that have been accomplished are curb cuts along Parnassus Avenue for wheelchair access, some elevator controls, including braille designations, some toilet facilities and some conversions of student residences in Millberry Union and Aldea San Miguel married student housing.

James Louie, Affirmative Action contract compliance officer.

LPPI Awards

At service award ceremonies held recently for UCSF employees at Langley Porter Psychiatric Institute, several people were acknowledged for service ranging from 10 to 35 years.

Gerry O'Keefe, Department of Psychiatry, was the single 35-year employee, followed by a single 30-year employee, **Inez Singleton,** Research.

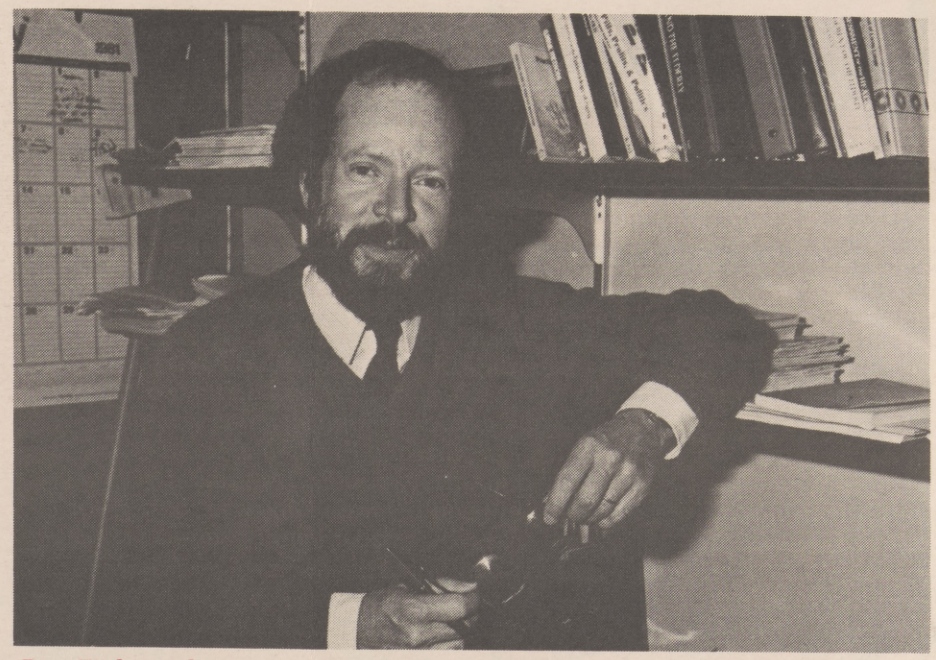
Twenty-five-year employees were **Mary Brusati,** Food Services; **Cloyce Duncan,** Outpatient; **Roland Levy,** Crisis Service; and **Carlos Whitcomb,** Unit A.

Twenty-year employees were **Nathaniel Adams,** Unit A; **Mary Ahern,** Social Work; **Clyde Graham,** Housekeeping; **Ardelia Jones,** Laboratory; **Fred Oehler,** Research; and **Irene Saiki,** Clinical Services.

Employees who were honored for 15 years were **Natasha Carroll,** Unit A; **Kenneth Christensen,** Unit B; **Mary Daniels,** Food Service; **Dorothy Franklin,** Unit C; **Edward Grigas,** Unit A; **George Johnson Jr.,** Unit A; **Barbara Levin,** Social Work; **Charles Washington,** Housekeeping; **Blossom Young,** Psychology.

Ten-year honorees were **Shawn Dubin,** Volunteer Services; **Willie Harvey,** Maintenance; **Helen Rhoades,** Nursing Service; **Felicidad Salumbides,** Food Service; **Alice Tamura,** Rehabilitation Therapies; and **Betty Thomas,** Patient Accounts.

CHEP Lecturer Talks About Insomnia



Ron Finley, adjunct lecturer, clinical pharmacy, and clinical instructor, pharmacy.

At the beginning of his talk he removes his tie and invites his audience to join him in a deep breathing exercise. He's going to talk about insomnia. And he has appropriately begun by demonstrating a method of relaxation — one of the most effective natural antidotes to insomnia.

As a pharmacist, he knows the hazards of what are called the "hypnotic prescriptions" — drugs that induce sleep. He doesn't recommend them for what he terms "simple insomnia," which is experienced by nearly everyone at some time or another, and which is not caused by physical or psychological problems.

What he has to say is important for his audience. They are senior citizens at one of the 46 seniors' centers in San Francisco to which the UCSF Office of Public Service Programs sends faculty, student and staff lecturers through its Community Health Education Program (CHEP).

"Often professionally there is too little personal contact with people," says Ron Finley, adjunct lecturer in clinical pharmacy and clinical instructor in pharmacy. "Working with CHEP gives me a chance to learn from talking to people. They tell me their experiences with medications and give a lot of feedback. This is useful information that helps give me a perspective on what I'm teaching."

According to Taber's *Medical Dictionary*, insomnia is "chronic inability to sleep" or "sleep prematurely ended or interrupted by periods of wakefulness."

"The insomniac feels that he or she is the only person having the problem at the time, that everyone else is asleep." Finley explained that insomnia can be due to several physical or mental states, among them stress, anxiety, excitement, physical discomfort or pain, changing body rhythms due to time zone changes, too much coffee or tea or some medications.

The question whose answer they've all come to hear during Finley's presentation is, "What do you do when you can't sleep?"

He answers that there are a number of practical and folk remedies that have proven to be successful. Exercising, avoiding cat naps, stimulating beverages, as well as late evening heavy meals, are ways to aid sleep. But also it's important, says Finley, to designate specific times for sleep and for appropriate "wind down" activities, and to relax with entertaining pastimes. ("I read my backpacking magazine instead of a pharmacy textbook," Finley confided.)

One of the most effective folk remedies is warm milk. "Milk contains a natural amino acid — a small amount of tryptophan — which seems to produce sleep," says Finley. Another folk remedy is the warm bath, to which Finley adds the technique of sitting in the tub while the water flows out and imagining that one's anxieties and worries are floating down the drain with it. Prayer and meditation are also sleep-inducing for some people. So is a glass of wine, if it doesn't interfere with medications a person might be taking. Too much alcohol, however, is a deterrent to restful sleep, Finley said.

"If you find that you're not able to sleep after 30 minutes or an hour, get up and write a letter or do the dishes," Finley advises. He says this serves two purposes: "One, you're removed from the bed, which has become the area of anxiety, and two, you're doing something practical, which you probably needed to do anyway."

For the more chronic sleep disorders, medication is often prescribed. But Finley says that very few sleep medications are effective for long periods of time.

"Antihistamines are the common over-the-counter drugs being used now. I don't recommend them for chronic use," he cautions. The use of such barbiturates as seconal has declined from 47 percent in 1971 to only 17 percent in 1977, the last year for which Finley had figures.

"Current hypnotic prescriptions, which are safer than barbiturates, are mostly benzodazipines, and they're dangerous with alcohol," he said.

Finley's desire to maintain communication with people in regard to the drugs they are taking may have been inspired by a boyhood job in a small drugstore in his rural Missouri home town. "You knew everybody in the town and what drugs they needed," he said. "In a way, CHEP provides the same kind of opportunity to hear firsthand people's needs."

Finley also works in the UCSF Geriatric Pharmacy Program, and for a day each week in a community pharmacy. He is on the Board of Directors for San Francisco Suicide Prevention, and he says he's talked on the telephone with people who had overdosed and were dying. He is gratified that the number of prescriptions for hypnotic drugs is decreasing.

Perhaps, in part, the greater awareness of the appropriate use of medication is due to the community education efforts of people like himself. He agrees that "the word has gone out" about the dangers of sleep medications.

"The audiences are really very enthusiastic and very appreciative when I go to talk," Finley said. "There's an experience of doing something and getting an immediate response that lets you know you're appreciated, and this is rewarding."

To inquire about volunteering as a CHEP lecturer, call Dave Bracker, ext. 3206.

Students Give Health Fair

Residents in the Mission District turned out in large numbers for "Salud Y Su Familia," a health fair sponsored by the student group Chicanos in Health Education.

Chicanos in Health Education (CHE), a student group, recently sponsored a family health fair, called "Salud Y Su Familia," at the Mission Neighborhood Health Center.

The free health fair included screenings in pediatrics, podiatry, dentistry, medicine, women's health care, and special laboratory exams. In addition, health education and promotion programs were presented on drug abuse, alcoholism, poison prevention, nutrition, consumer health, community health resources; a paramedic demonstration and a child safety booth were also available to visitors.

Co-sponsors of the fair, along with CHE and the Mission Neighborhood Health Center, were the American Trauma Society, the UCSF Office of Public Service Programs, UCSF Personnel Department and Latinos in Dental Health Education, another UCSF student group.

Career Day for Nurses

The University of California, San Francisco School of Nursing and Hospitals and Clinics Nursing Services held an informational open house on nursing education in May titled "Careers and Education: You Can Do Both at UC-San Francisco." The program included educational forums, hospital tours and exhibits. In demonstration of the spirit of cooperation, the keynote address, "Issues In Career Mobility," was delivered by Margretta M. Styles, dean of the School of Nursing, and Helen Ripple, director of Hospitals Nursing Services and associate director of Hospitals and Clinics. The unity of goals of the Nursing Services and School of Nursing was emphasized in the program. The open house was sponsored by all of UCSF's nursing services and the School of Nursing with support from the Personnel Department.

Volunteers-of-the-Month Acknowledged

Volunteers-of-the-Month are (l-r) Victor Kong, Florence Whelan, Salahuddin Tulah, Marline Cruz and Tony Giacone.

Volunteer Services has selected as Volunteers-of-the-Month six outstanding individuals who have rendered invaluable service to UCSF hospitals. They are February Volunteer-of-the-Month Victor Kong; Tony Giacone, March; Salahuddin Tulah, April; Marline Cruz, May; Florence Whelan, June.

Victor Kong, who began his volunteer assignments during the 1979 Summer Student Program, works in Outpatient Pediatrics, where he introduces play material to children in the playroom and waiting areas, assists in the supervision of play activity and works with the staff in setting up and storing toys and crafts. Kong has just completed pre-med studies at San Francisco State University.

Tony Giacone has been a roving volunteer at UCSF for the past five years. He works with the magazine cart, picking up contributions at delivery points, sorting materials and delivering them throughout the solariums and lobbies in Hospitals and Clinics. In addition he volunteers at Laguna Honda Convalescent Hospital.

Salahuddin Tulah, UCSF volunteer since 1979, began as a summer student volunteer and also is a pre-med student at San Francisco State. He spends an average of 20 hours a week in necropsy and experimental pathology. In necropsy, he assists morticians in autopsy preparations; and in pathology he assists in research projects.

Marline Cruz, 12th Floor, Moffitt, has been at UCSF only eight months, but was nominated by her department for volunteer recognition because of exceptional service. Cruz, who studied to become a nurse, lost part of her sight and was declared legally blind. She has some vision, however, enough to read to patients, help feed them, give water and flowers and make beds. She feels that this work satisfies the desire to care for patients, which prompted her to want to become a nurse.

Florence Whelan, for 20 years a personnel counselor, has for the past 11 months shared her administrative skills by assisting with clerical duties in the Volunteer Services office. Despite the failing health of her husband and the constant care that she must give to him, Whelan devotes one day of the week to the office.

Volunteers Needed For Thrift Shop

Volunteers are needed to work in the UCSF Hospital Auxiliary thrift shop, Bear-ly New. Located at 1909 Fillmore Street, the shop is open Monday to Saturday from 10 am to 4 pm. Bear-ly New is a nonprofit venture, the proceeds of which go to the Auxiliary's contributions to Hospitals and Clinics for the needs of patients.

In addition to volunteers, Bear-ly New is constantly in need of clothing and miscellaneous items.

A drop-off box is situated in the Medical Sciences Building Lobby. Contact Estelle Blair, shop manager, at 921-2789 for more information, or the Auxiliary Office at ext. 4906, Monday to Friday between 10 am and 2 pm.

Auxiliary Completes $100,000 Pledge for Pediatric Intensive Care Unit

Past Auxiliary President Jeanette Katz presents final $25,000 check for construction of a pediatric intensive care unit to William B. Kerr, director, UCSF Hospitals and Clinics, and Melvin M. Grumbach, MD, professor and chairman, Pediatrics. The check, which completes a $100,000 pledge, was presented during the Auxiliary's annual luncheon, held at UCSF University House. Speaker for the occasion was William Rutter, PhD, professor and chairman, Biochemistry. New officers were introduced. They are: President Gene Carbone, President-Elect Faracita Wyatt, First Vice President Bonnie Raskin, Second Vice President Betty Hine, Third Vice President Robert Lilienthal, Secretary Beulah Behrman and incumbent Treasurer David Sargent. Beth Martinez is outgoing president.

Faculty Wives Present Check To Student Loan Fund

Elizabeth Murphy, outgoing president of the Faculty Wives, presented a check for $8,000 to Graduate Division Dean Emeritus Harold Harper, now special assistant to the vice chancellor, Academic Affairs. The check, presented during the Faculty Wives' annual meeting, goes to the Student Loan Fund, to which the group has been contributing since 1970. This year's gift brings their total contribution to $63,900. New officers, who were presented at the luncheon, are President Ilse Steinbech, President-Elect Donna Brandborg, Vice President Anna Haase, Recording Secretary Mickey Bender, Corresponding Secretary Fran Trafton, Treasurer Ann Alden and Treasurer-Elect Mariann Boles.

KTVU Emmy for UCSF Patient Story

KTVU television (Channel 2-Oakland) recently received a local Emmy award for a feature story on nine-year-old Timmy Evans, a UCSF kidney transplant patient of Dr. Oscar Salvatierra.

The KTVU story followed Timmy over a period of several months and included scenes at home with his family, visits to the UCSF Children's Renal Unit for dialysis and interviews before and after his successful kidney transplant surgery, as well as footage of the surgery itself. Unfortunately, he suffered from several congenital abnormalities. Certain conditions that could not be controlled brought about his untimely death last December.

Presented by the Northern California Chapter of the National Academy of Television Arts and Sciences, the Emmy was for "Outstanding Individual Achievement, Camera News/Feature Story." It was awarded to Willie Kee, cameraman.

Frazier Receives Koshland Award

Clinical Social Worker Carrie Frazier.

Carrie Frazier, clinical social worker, recently received the prestigious 1980 Koshland Award from United Way of California.

The award was presented to Frazier by Hazel Benninghoven of United Way during a special luncheon given in honor of the administrative staff of the UCSF Department of Social Work, according to Marie Simmons, chief clinical social worker. The Koshland Award is presented annually to a person who has made outstanding professional contributions in the field of social welfare.

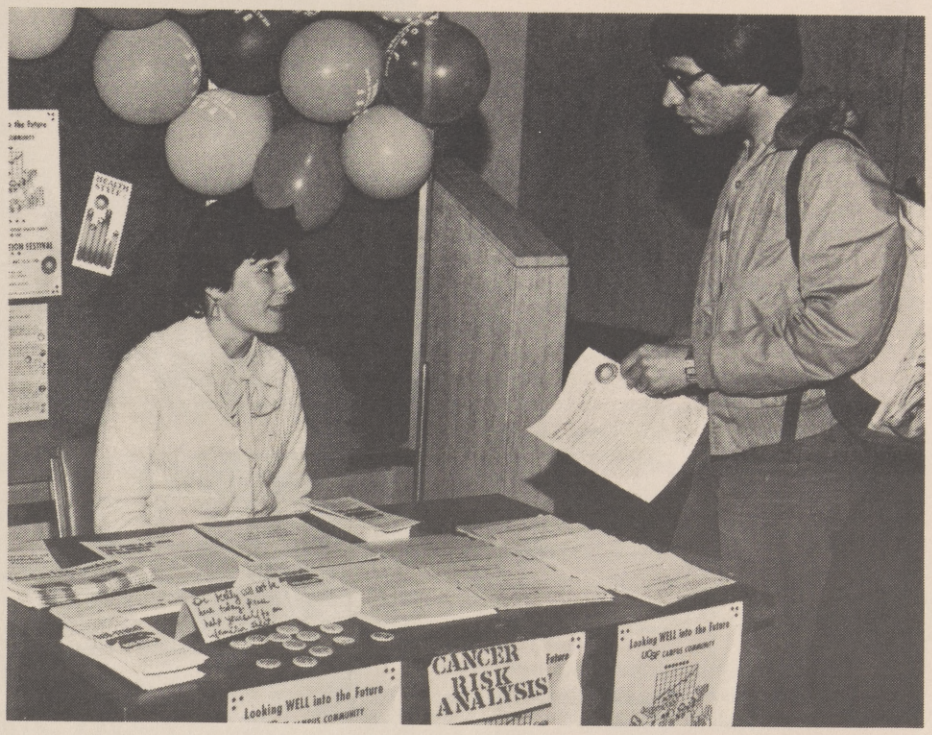
Frazier has been effective in pioneering the integration of social work values, skills and principles in the specialty area of End Stage Renal Disease. She is the author of *Social Work and Dialysis,* which explains to new social workers the relationship between the biological and psychosocial dynamics of End Stage Renal Disease. She was acknowledged for her innovative work in this area.

Frazier, additionally, has designed and taught a course for nephrology social workers and has developed educational material for patients that has been translated into Spanish, Chinese and Pilipino. She is clinical social worker for the Kidney Transplant Service and also the Gynecology/Urology Oncology Service.

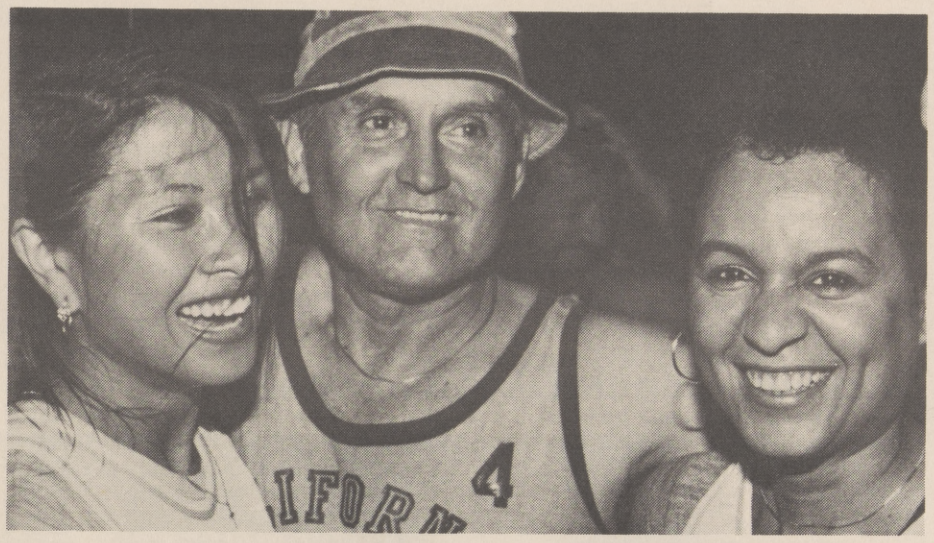
Nursing Service Staff Honored

Several Nursing Service employees were honored at a reception for 10 or more years of service. They were: **Betty Allen,** LVN, 10 South, 15 years; **Everdina Lampe,** CN II, 14 NE, 15 years; **Sally Anderson,** CN II, 6 West, 10 years; **Elsie Allen,** LVN, 3 UC, 15 years; **Estrella Manio,** Education and Research, 10 years; **Marie Campbell,** CN III, 11 East, 10 years; **Barbara Coulter,** CN II, per diem relief administrative coordinator, 10 years; **Margaret Macko,** CN II, 11 East, 20 years; **Mimi Monahan,** CN IV, Neurosurgery, 10 years; **Lorraine Brooks,** CN II, 8 East, 15 years; **Shane Smith,** CN III, Pediatric Intensive Care Unit (PICU), 10 years; and **Peggy Clary,** USC III, 8 NS, 10 years.

Hospitals & Clinics, OPSP Sponsor Hospital Week



Linda Civitello, senior administrative analyst, Office of Public Service Programs, gives health information to passerby during National Hospital Week. The Office of Public Service Programs sponsored week-long events in honor of the week. One of them was a basketball game, featuring the Hospitals and Clinics managers against Personnel and Student Services managers. Shown here are winning team members 'Big Al' Kerr, Millberry Union recreation supervisor, Elba Clemente, personnel analyst, and (l) Cely Bergado, AAI, Registrar's Office.



Nursing Service Sponsors Children's Health Fair

In celebration of National Children and Hospitals Week, a health fair, sponsored by Hospitals and Clinics Nursing Services, was recently held in Millberry Union Gym. Elementary school and preschool children from the surrounding neighborhood came to the fair where they had an opportunity to talk informally with nurses, physicians, other health care professionals and representatives from the Foster Grandparents, play therapy and puppet therapy programs, to name a few. Entertainment, displays and refreshments were part of the festivities.

GAZETTE

CAMPUSWIDE

Chauncey Leake Day!

The first annual Chauncey Leake Day was a huge success. The campus community turned out in great numbers, celebrating the day in the spirit of Dr. Leake, who, during his 50 years at UCSF, often planted flowers and picked up papers along Parnassus Avenue. On June 2, members of the campus community planted flowers in huge planters on the steps of the Medical Sciences building; children at the UCSF Child Care/Study Center planted vegetables, with the assistance of Betty Sooy, wife of the chancellor; the UCSF marching band, composed of faculty and staff members, led a gala parade to 745 Parnassus, where the Chauncey Leake Garden was dedicated and the first UCSF boundary sign was unveiled; Chancellor Sooy shook hands with Nat Garibaldi while Physical Plant Supervisor Charles Salyer looked on. Garibaldi, Physical Plant manager, has had several rest spots built on campus. A dedication plaque in his name was placed at the spot behind UC Hospital, where patients, staff, faculty, students and visitors frequently relax.

SCHOOL OF DENTISTRY

Surgeon General Visits School

U.S. Surgeon General Julius Richmond (l) visited the School of Dentistry and was given a tour of the new clinics by Dean John C. Greene. Prior to coming this year to UCSF, Greene worked closely with Richmond as deputy surgeon general and chief dental officer of the United States Public Health Service.

Phoenix Sinclair Goes to Kenya To Direct Education Abroad Program

Nairobi, Kenya, is the next dimension in the ever-expanding career of Phoenix Sinclair, DDS.

"I'm an adventurer," he offers as an explanation for why he has decided to take a two-year leave of absence from his relatively new post as director of the School of Dentistry's Buchanan Street Community Dental Clinic in order to teach and advise students at the University of Nairobi.

Sinclair will be the director of the University of California's Education Abroad Program (EAP) in Nairobi and the first UCSF faculty member to direct one of the University's 21 EAP programs.

"In Nairobi," says Sinclair, "the need is not only for a director and faculty adviser, but for someone to teach and develop curriculum in the dental school.

"This represents a very different challenge for me," he said.

The EAP, with headquarters at UC-Santa Barbara, sends UC students to 50 institutions in 21 countries in Africa, Asia, Europe, Latin America and the Middle East. Students from those countries come to UC as well. More than 9,000 UC students have participated in the program since its inception in 1962 at the Bordeaux, France, Study Center. Kenya has received 113 undergraduates and 19 graduate students since the program began there in 1969. This includes six undergraduates and two graduate students currently studying in Nairobi. In return, 58 University of Kenya graduate students have studied at UC, 15 of them at UCSF, including one who is currently here.

While he is in Kenya, Sinclair plans to develop scholarly exchange through research for a comparative study of Nairobi's health delivery system and our own.

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Next *Journal:* September 15. Deadline for story ideas: July 20. Call Jini Robinson, ext. 2557.

TRANSPORTATION

50,000th Muni Fast Pass

Employee Check
Cashing Hours
8:30 am - 7pm Weekdays
9 am - 1 pm Sat. Sun. & Hol.
Limit $20.00
Cashier Hours
7 am - 7:30 pm Weekdays
9 am - 1 pm Sat. Sun. & Hol.

Natalie (Tally) Riley, AAII, neuroradiology, has the distinction of being the recipient of the 50,000th Muni Fast Pass sold at UCSF since the sales program began in 1974. For this honor, she received complimentary passes for three months from Jim Wood, UCSF Transportation Services officer.

Spirited Group Names Van

UCSF commuters and their vehicle, "O C'Est Vin UC."

As a name, "Oakland/Rockridge" didn't quite capture the spirit of the 11 people who've become friends riding back and forth together in their van. So they threw a party — a van-naming party — to find something more suitable than the official name, which merely designates their destination.

"Vin Rose" and "Coq au Vin" were considered, according to Jeanne Phillips, alternate driver, but the pick of the list was "O C'Est Vin UC." Soon the sign bearing the new name will appear in the van's window, challenging the remaining UCSF van riders to identify their vans more appropriately.

"As we ride along, we see other vans with names," said Phillips. "One was called 'Ship of Fools.' "

Riders in "O C'Est Vin UC" are driver Ian Nadel, Hospitals and Clinics; Cheryl Akers, CRI Tumor Registry; Patricia Conn, Obstetrics and Gynecology; Sylvia Flatt, Dept. of Restorative Dentistry; Erika Hublitz, Epidemiology and International Health; Paulette Setzer, Proctor Foundation; Susan Sweet, Dept. of Laboratory Medicine; Masami Sugiyama, Administrative Information Systems; Susan Turner, Dept. of Pathology; Mary Yurko, Dept. of Neurology; Jeanne Phillips, Chancellor's Office; and Margaret Hall, School of Pharmacy.

Permit Rates To Increase

UCSF Parking Operations has announced parking rate increases, effective July 1, due to inflation and the need to offset costs, according to Robert R. Cannon, assistant vice chancellor, Business and Fiscal Services.

A and G monthly rates will increase from $18 to $21; B or SURGE lot rates from $9 to $11; and RA rates from $4 to $5. L and N parking, both off-hour decals, will not be increased, a step to encourage the use of the garage as a measure of personal safety.

Carpool permit rates will increase from $8 to $21, according to William C. Stevens, management services officer, Parking Operations. The increase brings the parking fee for carpool permits up to the level of similar types of UCSF permits.

The increase will help to cover the expense of administering the pool program, which must be monitored because of a heavy abuse rate.

Stevens said the new increase still represents a considerable saving when compared to daily fee lot and decal parking rates.

Residents' Parking

"J" resident permit parking has been extended to Arguello Boulevard on the west side between Lincoln Way and Irving Street; to Frederick and Carl on the east side; Carl Street between Willard and Hillway Avenue on the south side; Willard and Arguello on the north side; and both sides of Willard Street between Frederick and Carl. Preferential two-hour parking has been established in these areas. For details, call ext. 1511.

BENEFITS

No Bids Accepted for Dental Insurance

The prospects for dental insurance have recently changed. Early in the year the University asked for bids by insurance carriers in the hope that by summer or fall an employee-paid dental plan could be offered.

Bid invitations were sent to prepaid group service plans, which specify the dentist, and to national carriers of insured plans, which allow for individual selection of the dentist with partial reimbursement. The bids were not acceptable.

Of the six prepaid group service plans and two insured plan carriers that submitted bids, the two insured carriers insisted on 40 percent employee participation as a condition for providing coverage. The rates for these plans were too high.

The prepaid group service plans were reviewed, and two were interviewed, but neither of them could offer the comprehensive service required by the University. Any prepaid plan would have to offer dental services that would be easily accessible to all UC campuses and other major locations.

An employer contribution would change the insurance picture considerably because insured plans would be more eager to bid, and the expectation of participation would not be so crucial.

The state is looking at issues pertaining to dental coverage and employee compensation for the 1981-82 fiscal year. Some of the considerations are whether a dental plan would eliminate some or all of the salary increase; or whether, with the expectation of considerable health insurance rate increases, having a dental plan would mean that the health plan premium could not be fully paid.

There's a new campus number for police and fire emergencies that occur anywhere at UCSF. It's ext. 1110. It has been used all along by Hospitals and Clinics, but not by other departments. This is also the number for medical emergencies that occur in all campus areas except hospitals and clinics, and other specified areas covered by the Code Blue team. Hospitals and clinics have separate emergency numbers and procedures and will not receive the telephone stickers on which 1110 has been printed for distribution to all other campus departments. If a department other than hospitals and clinics has not received stickers, it may do so by calling Business and Fiscal Services, ext. 2496.

Other important numbers, such as police (1414), hazardous materials (1300), severe building damage (2021) are listed on the inside front cover of the UCSF Campus Telephone Directory.

BULLETIN BOARD

A free **Support Group for Cancer Patients** and their families and friends is sponsored by the SF Regional Cancer Foundation. Mayor Dianne Feinstein is the honorary chairperson for a series of programs offered to the group on topics covering a wide range of current facts about cancer. For more information, call Terry Sheehy, PhD, at (415) 221-2132.

All current UC faculty and staff and their immediate families can vacation at the **UC-Santa Barbara Alumni Vacation Center,** which is available for weekends and longer periods. Activities include tennis with free lessons, bingo, Casino Night, bridge games, faculty lectures, dancing, movies and old-fashioned campfire sing-alongs. There are supervised programs for children, beginning with toddlers, and special programs for teens. Reasonable rates include three meals, family suites and daily maid service. Access is available to nearby kennels for family pets. The vacation center is open from June 20 to September 5. For more information, call (805) 961-3123.

A one-hour tape on grant-writing is available in the self-instructional media area of the library, third floor HSE. The tape is an edited version of the seminar offered last November, "Grant-writing for Development of Junior Faculty."

Volunteer Services is seeking volunteers for Hospitals and Clinics. The next orientation is July 13. For more information, call ext. 1196.

Bear's Wares Gift Shop in Millberry Union sells **ties and scarves with the UCSF logo.** They come in two styles: the Bufano bears or the UC bear. Colors are blue and gold.

The Mailing Division is now offering a facsimile service to transmit correspondence between UC campuses and affiliated locations. The equipment transmits via ATSS at a rate of two minutes per page. On a six-month trial basis, it is free of charge to departments. For more information call ext. 1124.

Founders Day Planned

The first annual UCSF Founders Day celebration will be held on Friday and Saturday, February 19-20, 1982. Though the event is a half year away, extensive plans are under way to create the first of what, in years to come, will be the biggest annual event on campus.

Founders Day will bring together friends from the greater San Francisco community and UCSF alumni, staff, faculty and students to celebrate the origins, history, growth and contributions of UCSF. The UCSF "Founders Clock," which was part of the Medical School building from its inception in 1897 until its demolition in 1967, will be dedicated in the official opening ceremony for Founders Day.

Other events will be the dedication of the Alumni Center and a banquet in honor of Dr. Francis A. Sooy's 10 years as UCSF Chancellor.

Cannady Sings in Japan This Summer

Charles Cannady, who was featured in the February 1978 issue of the *UCSF Journal*, has his first big break — the one for which he longed when we interviewed him three years ago. And while it isn't *the* break, it moves him closer to his goal of becoming an opera singer — full time.

The coloratura tenor, who works at UCSF as a laboratory operations assistant in the Department of Immunology, has been asked to travel to Japan this summer as guest tenor soloist with the Master Singers of Northern California. The concert tour will include several cities, Tokyo, Osaka and Kyoto among them, with an expansive repertoire ranging from Monteverdi to Copland. Cannady will also give solo interpretations of well-known Negro spirituals.

"We'll perform 10 concerts and two television programs," said Cannady. "In addition, I will perform two solo concerts in New York and Chicago."

In his spare time Cannady gives private voice and piano lessons; he is tenor soloist at Old First Church on Sacramento and Van Ness, and plays violin with the church orchestra.

Charles Cannady

To the UCSF Community:

At the luncheon for Hospital Public Relations, held June 17 at the Hyatt Regency in Cambridge, Massachusetts, Carol Kummer, *UCSF Journal* designer, and I accepted on behalf of the editorial staff and board the prestigious MacEachern Grand Award given to the *Journal* "for all-around excellence." Awards are always gratifying. When given for some effort that is ongoing, they truly encourage the recipients to continue to try hard.

It seems particularly fitting to mention the MacEachern award in this issue of the *UCSF Journal* because it is full of "award stories" and more of the tales of individual accomplishments that we on the editorial staff and board have come to love. While it is with gratitude that we accept our award for telling the tales, our accolades are for the employees of UCSF whose quality and diversity of deeds inspire us and make the *UCSF Journal* necessary.

Editor

Barnes in 'JoAnne!'

Hepburn, Glenda Jackson and Bette Davis. She has appeared on segments of KQED *Open Studio* and KPIX *All Together Now* and recently was part of a special, showcasing Bay Area theater. There's also a voice demonstration tape for a future television commercial, but Ms. Barnes says her heart is with the stage. Her stage name is Adilah (meaning "one who deals justly") Azikiwe ("healthy").

"On stage, you have an immediate sense of how you're received. I like the interplay between audience and actor. Stage acting requires a particular skill. There are no second takes."

Ms. Barnes says some of her favorite parts have been Norma Faye in J.E. Franklin's *Black Girl*, Beneatha in Lorraine Hansberry's *Raisin In the Sun*, and the interchangeable characters she portrayed in Spanish writer Fernando Arrabal's *And They Put Handcuffs on the Flowers*.

Another important part that Ms. Barnes plays is mother for her four-year-old son, Tariq. His name means "bringer of light out of darkness," and his birth became a news event because he was born in the seventh month, on the seventh day, at the seventh hour, in 1977, and he weighed seven pounds . . . a numerologist's delight.

Ms. Barnes, who is secretary of the UCSF Black Caucus and who, like her idol, Cicely Tyson, has a desire to portray black women whose lives have made a significant statement, says the role of JoAnne is challenging because she is a real person, and, to Ms. Barnes, a heroic woman.

At one point in the play a crossover between personal sentiment and acting is evident in Ms. Barnes' creation of JoAnne, who says in a monologue:

"I don't represent the old south . . . but the new. . . . They taught us to demand and fight for a better way of life. And that's what we are doing, even those of us who have to leave here to get ourselves together before we come back and take this whole thing on. . . . Now there's two things I really want out of this life I love so much: that's to be somebody, somebody important. And I want my people to be proud of me."

Rudser Interprets 'Little Foxes'

Rudser, who is somewhat of an expert on the types of sign language that are generally used in America, explained that American Sign Language is the language of most deaf people. American Sign Language is different from English. Another form, Pidgin Sign English, combines elements of American Sign Language and English. Still another system is used in the schools to teach deaf children English. Rudser said the presence of himself and others like him represents not only a turning point in American theaters, which are selling more and more tickets to deaf patrons, but represents also a general acceptance of sign language as a legitimate form of communication.

"There was a time, and not so long ago, when sign language was not acceptable in public," Rudser said. "It was considered unattractive, and people were ashamed of it. Deaf people who used it were seated in inconspicuous places in restaurants," Rudser said.

Some theorists argued that the deaf should be taught to speak and speech-read only, and teaching programs still exist that are dedicated to that goal.

But Rudser, as a sign-language teacher, considers the language beautiful, dramatic and a "natural way for the deaf to communicate." He says, "The only barrier to communication with the deaf is people who have not yet learned to sign."

Jini Kilgore Robinson

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